



Seeking Expressions of Interest for 0.5 FTE Kaiwhirioranga Rangatahi (Youth Lived Experience Lead)

Tū Whakaruruhau (Auckland Wellbeing Collaborative)
Integrated Primary Mental Health and Addiction Services (IPMHA)
Closing Date: 5pm on 14th December 2023

Tū Whakaruruhau is seeking expressions of interest from a rangatahi (youth) leader with lived experience that is passionate about improving access and choice for young people seeking support for their wellbeing needs through primary and community care. The role is a fixed term secondment, or contract for services, until 30 June 2024. There will possibly be an option of renewal for a further period.

Tū Whakaruruhau was established to respond to the 2019 RFP to implement and deliver Access and Choice IPMHA services to the Tāmaki Makaurau region. Members of the collaborative include Tāmaki Makaurau Treaty Partners (Te Rūnanga o Ngāti Whātua, Manawhenua i Tāmaki Makaurau, Te Whānau o Waipareira), three Auckland Te Whatu Ora districts, all seven of the region's PHOs, 23 NGOs, Māori, and Pacific providers.

The collaborative has been implementing the IPMHA programme across Tāmaki Makaurau for 3 years and is now operating in 116 practices. To complete implementation a further 55 clinics will be implemented in the next 12 months.

This position will ensure that youth lived experience is influencing systems and practice across the programme, working in partnership with the Quality & Equity team to improve equity, access, and choice for youth consumers of primary care services. "Rangatahi" and "youth" (used interchangeably) in the context of the programme are those aged 12 to 25 but more collectively includes a focus on all young people and their whānau.

The role will include:

- Engaging with youth and whānau as well as other lived experience leaders, community groups, councils, and networks
- Conducting feedback and co-design sessions with youth service users and whānau to generate service improvement ideas.
- Ensuring the views of IPMHA rangatahi service users and their whānau are privileged in the development and growth of services and activities.
- Developing and maintaining strong relationships with rangatahi (youth) groups, youth and whānau support providers and Kaupapa Māori and Pacific providers

To succeed in the role, you will bring with you:

- Lived Experience of mental distress and/or addiction as a young person and the ability to critically reflect on the learning from this journey.
- Experience engaging with community groups (especially youth), communicating strategically and advocating for equity.
- Empathy and understanding of the experiences of those with mental health and/or addictions issues.
- Connection and communication skills that can build rapport, trust, enable effective engagement, networking, and teamwork.
- Ability to confidently talk to and relate to young people from all cultures and particular Māori and Pacific.
- An understanding of what equity means in the context of healthcare in Aotearoa New Zealand.

The closing date for expressions of interest is 5pm on 14th December 2023 (for a secondment, or Contract) up until June 2024 in the first instance.

For further information and/ or to submit your expression of interest in writing with CV, please email the Senior Programme Manager sam.farr@aklwellbeingcollab.co.nz